Set Goals NOW to Create Success!!

Why set goals?

If you don't know where you are going, you'll probably end up someplace else! If you don't have a plan, you'll become part of someone else's plan!

"Because successful goal setting is a continuous, life-long process, it is important to set aside time regularly to evaluate progress and identify new goals."

"Goals! There's no telling what you can do when you get inspired by them. There's no telling what you can do when you believe in them. There's no telling what will happen when you act on them!"

We all have two choices: we can make a living or design a life. Successful individuals have clearly defined game plans which they review constantly!!

<u>**Applications to Goal Setting**</u>
1) Set short range goals that build toward your long range purpose. It's more effective to establish goals for the month, six months or one year than to project too far into the future!

2) Set goals that are just out of reach, but not of sight. (It's very important to use increments - Good, Great, Awesome). Your Great and Awesome goals are your stretch goals. Your Good goal is your bottom line - what you commit to doing.

3) Get group reinforcements by surrounding yourself with motivated individuals interested in the same achievement. Also review your goals with experts: get counsel from people with proven track records of success. Mirror successful people.

4) Use a notebook calendar or "briefcase calendar" or your iPad, iPhone or Smart Phone, to set your goals and daily activities. At the close of each day set your priorities for the next day. Review your list at the beginning of each day before you begin your day.

5) Do not share your goals with negative or cynical people. Share your goals with people who really care about you and want to assist you and see you succeed.

6) 7 Steps to Goal Setting

 1. Identify the goal
 2. Set a deadline
 3. List the obstacles
 4. Identify the people who can assist you
 5. Identify the skills required
 6. Make a plan of action
 7. List the benefits - "What's in it for me!"